

monday

tuesday

wednesday

thrusday

friday

01 OPORRAK	02 OPORRAK	03 OPORRAK	04 OPORRAK	05 OPORRAK
08 BORAGE WITH POTATOES MARINATED PORK LOIN WITH RATATOUILLE NATURAL YOGHURT BREAD LOAF KCal. 485 H.C. 46 Lip. 22 P. 29	09 LENTILS GARDENER STYLE SPANISH POTATO OMELETTE LETTUCE AND CORN BANANA BREAD LOAF KCal. 694 H.C. 96 Lip. 25 P. 24	10 PUMPKIN CREAM SOUP ROAST CHICKEN LEG LETTUCE APPLE BREAD LOAF KCal. 432 H.C. 47 Lip. 18 P. 23	11 CHICKPEAS WITH CARROT SAUTÉED GARLIC BATTER-COATED CODFISH FILLET LEMON PEAR BREAD LOAF KCal. 722 H.C. 75 Lip. 31 P. 39	12 GREEN BEANS WITH POTATOES RICE WITH TOMATO SOUCE TANGERINE BREAD LOAF KCal. 725 H.C. 116 Lip. 26 P. 15
15 CABBAGE WITH POTATOES WHOLE GRAIN MACARONI WITH TOMATO SAUCE NATURAL YOGHURT BREAD LOAF KCal. 630 H.C. 102 Lip. 17 P. 22	16 CAULIFLOWER CREAM SOUP STEWED TURKEY APPLE BREAD LOAF KCal. 496 H.C. 59 Lip. 15 P. 33	17 POCHA WHITE BEANS HAKE FILLET ORIO STYLE LETTUCE PEAR BREAD LOAF KCal. 569 H.C. 69 Lip. 21 P. 30	18 SWISS CHARD WITH POTATOES CHICKEN LEG CHILINDRON STYLE BANANA BREAD LOAF KCal. 556 H.C. 66 Lip. 22 P. 27	19 FISH SOUP HAM CROQUETTES LETTUCE ORANGE BREAD LOAF KCal. 680 H.C. 68 Lip. 38 P. 17
22 HOMEMADE LENTIL SOUP SPANISH POTATO OMELETTE LETTUCE APPLE BREAD LOAF KCal. 615 H.C. 80 Lip. 24 P. 20	23 VEGETABLE STEW PORK LOIN IN PLUM SAUCE BANANA BREAD LOAF KCal. 638 H.C. 58 Lip. 35 P. 25	24 CARROT CREAM SOUP RICE WITH TOMATO SOUCE TANGERINE BREAD LOAF KCal. 745 H.C. 121 Lip. 26 P. 13	25 POTATOES RIOJA STYLE OVEN-BAKED CODFISH WITH HOMEMADE TOMATO SAUCE NATURAL YOGHURT BREAD LOAF KCal. 625 H.C. 70 Lip. 26 P. 32	26 PINTA BEANS WITH VEGETABLES HAMBURGER IN SAUCE LETTUCE PEAR BREAD LOAF KCal. 698 H.C. 75 Lip. 31 P. 35
29 NOT SCHOOL	30 SWISS CHARD WITH POTATOES GARLIC FRIED CHICKEN LETTUCE AND CORN NATURAL YOGHURT BREAD LOAF KCal. 521 H.C. 44 Lip. 26 P. 30	31 CHICKPEAS WITH PUMPKIN HAKE FILLET IN SQUID SAUCE ECOLOGICAL APPLE BREAD LOAF KCal. 505 H.C. 74 Lip. 12 P. 29		



All our dishes are prepared with olive oil

