



27

monday

tuesday

wednesday

thursday

friday



01
CHICKPEAS WITH CARROT SAUTÉED GARLIC
HAKE FILLET ORIO STYLE WITH BAKER POTATOES
LETTUCE
PEAR
BREAD LOAF
KCal. 716 H.C. 76 Lip. 34 P. 30

02
ZUCCHINI CREAM SOUP
SPANISH POTATO OMELETTE
LETTUCE AND CORN
NATURAL YOGHURT
BREAD LOAF
KCal. 589 H.C. 65 Lip. 29 P. 17

03
not school

06
not school

07
not school

08
not school

09
not school

10
not school

13
ORGANIC BROCCOLI CREAM SOUP
ALBONDIGAS EN SALSA
CHAMPIÑONES
APPLE
BREAD LOAF
KCal. 480 H.C. 40 Lip. 27 P. 21

14
RICE WITH TOMATO SOUCE
HAKE FILLET IN SAILOR SAUCE
TANGERINE
BREAD LOAF
KCal. 730 H.C. 108 Lip. 25 P. 23

15
CABBAGE WITH POTATOES
COUNTRY CHICKEN
BANANA
BREAD LOAF
KCal. 567 H.C. 64 Lip. 21 P. 32

16
STEW SOUP WITH STARS
CHICKEN NUGGETS
POTATO CHIPS
CHOCOLATE CAKE
BREAD LOAF
KCal. 1049 H.C. 84 Lip. 72 P. 27

17
CHICKPEAS WITH CARROT SAUTÉED GARLIC
BATTER-COATED DAB FILLET
LETTUCE
PEAR
BREAD LOAF
KCal. 773 H.C. 73 Lip. 39 P. 37

20
CARROT CREAM SOUP
EGGS WITH TOMATO
LETTUCE AND OLIVES
NATURAL YOGHURT
BREAD LOAF
KCal. 543 H.C. 51 Lip. 30 P. 22

21
WHOLE GRAIN MACARONI WITH
TOMATO SAUCE
HAKE FILLET ORIO STYLE
TANGERINE
BREAD LOAF
KCal. 605 H.C. 88 Lip. 19 P. 26

22
GREEN BEANS WITH POTATOES
RUSSIAN STEAK WITH VEGETABLE
SAUCE
APPLE
BREAD LOAF
KCal. 536 H.C. 50 Lip. 27 P. 25

23
holidays

24
holidays

27
holidays

28
holidays

29
holidays

30
holidays

31
holidays

