

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**01**   
 VEGETABLE CREAM SOUP  
 SPIRAL PASTA WITH TOMATO  
 LETTUCE  
 YOGHURT  
 KCal. 690 H.C. 108 Lip. 22 P. 20

**02**  
 POCHA WHITE BEANS  
 BATTER-COATED HAKE FILLET  
 LEMON  
 PEAR  
 KCal. 582 H.C. 75 Lip. 19 P. 32

**03**  
 GREEN BEANS WITH POTATOES  
 ALBONDIGAS EN SALSAS CHAMPIÑONES  
 LETTUCE  
 APPLE  
 KCal. 596 H.C. 50 Lip. 35 P. 24

**04**  
 PARDINA LENTIL SOUP  
 ROAST CHICKEN LEG  
 LETTUCE AND CARROT  
 ORANGE  
 KCal. 555 H.C. 62 Lip. 20 P. 35

**05**  
 RICE WITH VEGETABLES AND  
 CURCUMA  
 AJOARRIERO COD  
 TANGERINE  
 KCal. 711 H.C. 105 Lip. 24 P. 26

**08**  
 BORAGE WITH POTATOES  
 MARINATED PORK LOIN WITH RATATOUILLE  
 LETTUCE  
 APPLE  
 KCal. 530 H.C. 54 Lip. 25 P. 25

**09**   
 WHOLE GRAIN MACARONI WITH  
 TOMATO SAUCE  
 CHICKEN FILLET IN SAUCE  
 PEAR  
 KCal. 805 H.C. 109 Lip. 26 P. 40

**10**  
 PINTA BEANS WITH VEGETABLES  
 BATTER-COATED DAB FILLET  
 LETTUCE  
 ORANGE  
 KCal. 624 H.C. 69 Lip. 31 P. 41

**11**   
 PUMPKIN CREAM SOUP  
 SPANISH POTATO OMELETTE  
 LETTUCE  
 NATURAL YOGHURT  
 KCal. 589 H.C. 63 Lip. 30 P. 17

**12**  
 RICE  
 WITH TOMATO SAUCE  
 HAKE FILLET IN GREEN SAUCE  
 TANGERINE  
 KCal. 730 H.C. 108 Lip. 25 P. 23

**15**  
 VEGETABLE STEW  
 SAN JACOBO  
 LETTUCE  
 APPLE  
 KCal. 743 H.C. 77 Lip. 43 P. 14

**16**  
 CHICKPEAS BY THEMSELVES  
 OVEN-BAKED CODFISH WITH VEGETABLES  
 LETTUCE AND CORN  
 PEAR  
 KCal. 614 H.C. 72 Lip. 21 P. 37

**17**   
 ORGANIC BROCCOLI CREAM SOUP  
 PORK LOIN IN VEGETABLE SAUCE  
 YOGHURT  
 KCal. 504 H.C. 43 Lip. 24 P. 28

**18**  
 CUBAN RICE  
 ROAST CHICKEN LEG  
 LETTUCE  
 TANGERINE  
 KCal. 761 H.C. 100 Lip. 30 P. 30

**not school**

**22**   
 LENTILS GARDENER STYLE  
 BATTER-COATED DAB FILLET  
 LETTUCE  
 ORANGE  
 KCal. 596 H.C. 64 Lip. 31 P. 40

**23**  
 GREEN BEANS WITH POTATOES  
 HAMBURGER IN SAUCE  
 BANANA  
 KCal. 559 H.C. 55 Lip. 28 P. 26

**24**  
 RICE WITH TOMATO SAUCE  
 HAKE FILLET IN SAILOR SAUCE  
 STRAWBERRY  
 KCal. 726 H.C. 107 Lip. 26 P. 23

**25**  
 POCHA WHITE BEANS  
 COUNTRY CHICKEN  
 LETTUCE  
 APPLE  
 KCal. 720 H.C. 79 Lip. 28 P. 43

**26**   
 VEGETABLE PURÉE  
 MACARONI WITH TUNA AND BOILED  
 EGG  
 YOGHURT  
 KCal. 702 H.C. 115 Lip. 20 P. 22

**29**   
 ZUCCHINI AND LEEK CREAM SOUP  
 RICE WITH CHICKEN AND VEGETABLES  
 TANGERINE  
 KCal. 830 H.C. 120 Lip. 35 P. 17

**30**  
 PARDINA LENTIL SOUP  
 RIVERSIDE STEW  
 LETTUCE  
 APPLE  
 KCal. 868 H.C. 79 Lip. 38 P. 58

**31**   
 SPIRAL PASTA WITH TOMATO  
 BATTER-COATED HAKE FILLET  
 LETTUCE  
 ICE CREAM  
 KCal. 754 H.C. 94 Lip. 32 P. 27

