

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**01**

GREEN BEANS WITH POTATOES  
TUNA CANNELLONI  
LETTUCE  
YOGHURT  
KCal. 640 H.C. 71 Lip. 30 P. 23

**02**

LENTILS WITH LEEK AND CARROT  
RUSSIAN STEAK MUSHROOMS  
TANGERINE  
KCal. 665 H.C. 64 Lip. 32 P. 35

**03**



BROCCOLI CREAM SOUP  
RICE WITH CHICKPEAS AND CHICKEN  
APPLE  
KCal. 672 H.C. 122 Lip. 15 P. 21

**04**

STEWED POTATOES  
PORK LOIN IN VEGETABLE SAUCE  
LETTUCE  
ORANGE  
KCal. 800 H.C. 75 Lip. 40 P. 37

**05**

MACARONI WITH TOMATO  
HAKE FILLET IN SQUID SAUCE  
LETTUCE  
PEAR  
KCal. 713 H.C. 100 Lip. 26 P. 25

**08**



ZUCCHINI AND LEEK CREAM SOUP  
MACARONI WITH TUNA AND BOILED EGG  
LETTUCE  
YOGHURT  
KCal. 737 H.C. 113 Lip. 25 P. 21

**09**

FISH SOUP  
BRAISED RAGOUT PORK  
ORANGE  
KCal. 551 H.C. 49 Lip. 23 P. 39

**10**

PINTA BEANS WITH VEGETABLES  
ROAST CHICKEN LEG WITH MUSHROOMS  
ORANGE  
KCal. 538 H.C. 69 Lip. 14 P. 36

**11**

ELBOW PASTA WITH TOMATO  
OVEN-BAKED CODFISH WITH VEGETABLES  
LETTUCE  
PEAR  
KCal. 772 H.C. 100 Lip. 29 P. 32

**12**



PUMPKIN AND APPLE CREAM SOUP  
SPANISH POTATO OMELETTE  
LETTUCE AND CORN  
NATURAL YOGHURT  
KCal. 601 H.C. 72 Lip. 27 P. 18

**15**

**16**

**17**



LENTILS WITH WHOLE ORGANIC RICE  
COD WITH HOMEMADE TOMATO SOUCE  
TANGERINE  
KCal. 538 H.C. 67 Lip. 16 P. 36

**18**

STEAMED GREEN BEANS  
VEAL STEW  
LETTUCE  
APPLE  
KCal. 594 H.C. 55 Lip. 26 P. 36

**19**

WHITE BEANS WITH PEPPER AND CARROT  
BATTER-COATED DAB FILLET  
LETTUCE  
BANANA  
KCal. 659 H.C. 79 Lip. 31 P. 41

**22**



VEGETABLE PURÉE  
EGGS WITH TOMATO  
LETTUCE  
YOGHURT  
KCal. 553 H.C. 59 Lip. 27 P. 23

**23**

STEW SOUP  
CHICKEN IN A MILD MUSTARD SAUCE  
PEAR  
KCal. 606 H.C. 55 Lip. 27 P. 38

**24**

CHICKPEAS WITH CABBAGE  
COD CROQUETTES  
LETTUCE  
TANGERINE  
KCal. 709 H.C. 98 Lip. 27 P. 25

**25**

BORAGE WITH POTATOES  
PORK LOIN IN VEGETABLE SAUCE  
LETTUCE  
APPLE  
KCal. 643 H.C. 55 Lip. 35 P. 27

**26**

RICE WITH TOMATO SAUCE  
HAKE FILLET IN GREEN SAUCE  
ORANGE  
KCal. 647 H.C. 110 Lip. 15 P. 23

**24**

