

monday

tuesday

wednesday

thursday

friday



01

NOT SCHOOL

02

VEGETABLE STEW
MEATBALLS WITH TOMATO SAUCE
PEAR
BREAD LOAF
KCal. 656 H.C. 56 Lip. 40 P. 21

03

POCHA WHITE BEANS
COD CROQUETTES
LETTUCE
BANANA
BREAD LOAF
KCal. 818 H.C. 103 Lip. 35 P. 25

06



LENTILS WITH LEEK AND CARROT
ELBOW PASTA WITH TOMATO
TANGERINE
BREAD LOAF
KCal. 791 H.C. 126 Lip. 24 P. 26

07

CARROT CREAM SOUP
SPANISH POTATO OMELETTE
LETTUCE
APPLE
BREAD LOAF
KCal. 578 H.C. 72 Lip. 27 P. 12

08

VEGETABLE STEW
SAN JACOBO
LETTUCE
BANANA
BREAD LOAF
KCal. 778 H.C. 83 Lip. 43 P. 16

09

km.0

GREEN BEANS WITH POTATOES
RIVERSIDE STEW
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 676 H.C. 49 Lip. 32 P. 52

10

PINTA BEANS WITH VEGETABLES
BATTER-COATED HAKE FILLET
LETTUCE
PEAR
BREAD LOAF
KCal. 610 H.C. 73 Lip. 23 P. 32

13



BROCCOLI CREAM SOUP
HAMBURGUER 100% BEEF WITH
MUSHROOMS
APPLE
BREAD LOAF
KCal. 478 H.C. 52 Lip. 20 P. 24

14

km.0

STEW SOUP
CHICKEN FILLET IN SAUCE
LETTUCE
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 556 H.C. 40 Lip. 27 P. 41

15

RICE WITH TOMATO SOUCE
CODFISH FILLET ORIO STYLE
LETTUCE
TANGERINE
BREAD LOAF
KCal. 814 H.C. 104 Lip. 35 P. 27

16



VEGETABLE CREAM SOUP
CHICKPEAS WITH ZUCCHINI
PEAR
BREAD LOAF
KCal. 535 H.C. 85 Lip. 15 P. 20

17

HOMEMADE GREEN BEANS
PORK LOIN WITH TOMATO SAUCE
BANANA
BREAD LOAF
KCal. 516 H.C. 61 Lip. 20 P. 27

20



VEGETABLE CREAM SOUP
WHOLE GRAIN MACARONI WITH
TOMATO SAUCE
ORANGE
BREAD LOAF
KCal. 592 H.C. 105 Lip. 14 P. 18

21

LENTILS GARDENER STYLE
SPANISH POTATO OMELETTE
LETTUCE
PEAR
BREAD LOAF
KCal. 654 H.C. 87 Lip. 25 P. 23

22



RICE WITH ZUCCHINI AND RED PEPPER
HAKE FILLET IN GREEN SAUCE
LETTUCE
BANANA
BREAD LOAF
KCal. 674 H.C. 106 Lip. 20 P. 23

23

km.0

CABBAGE WITH POTATOES
HAMBURGER IN SAUCE
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 550 H.C. 46 Lip. 29 P. 28

24

eko

WHITE BEANS BILBAINA STYLE
BREADED CHICKEN FILLET WITH GARLIC
LETTUCE
ECOLOGICAL APPLE
BREAD LOAF
KCal. 673 H.C. 75 Lip. 24 P. 44

27



LEEK,POTATO AND CARROT PURÉE
RICE WITH GREEN BEANS, PEPPER AND
MUSHROOMS
ORANGE
BREAD LOAF
KCal. 768 H.C. 127 Lip. 26 P. 15

28

CHICKPEAS WITH CARROT SAUTÉED
GARLIC
CODFISH FILLET ORIO STYLE
LETTUCE
APPLE
BREAD LOAF
KCal. 688 H.C. 69 Lip. 33 P. 33

29

NOT SCHOOL

30

HOMEMADE LENTIL SOUP
TUNA WITH TOMATO
TANGERINE
BREAD LOAF
KCal. 508 H.C. 60 Lip. 15 P. 37

ICONOGRAPHY



All our dishes are prepared with olive oil

