

monday

tuesday

wednesday

thursday

friday

02

LENTILS GARDENER STYLE
SPANISH POTATO OMELETTE
LETTUCE
APPLE
BREAD LOAF
KCal. 651 H.C. 87 Lip. 24 P. 23

03

ZUCCHINI CREAM SOUP
BREADED PORK LOIN WITH TOMATO SAUCE
ORANGE
BREAD LOAF
KCal. 518 H.C. 57 Lip. 22 P. 26

04

POCHA WHITE BEANS
BATTER-COATED HAKE FILLET
LETTUCE
BANANA
BREAD LOAF
KCal. 659 H.C. 80 Lip. 25 P. 33

05 km.0

VEGETABLE STEW
CHICKEN LEG CHILINDRON STYLE
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 602 H.C. 46 Lip. 35 P. 29

06

CHICKEN SOUP WITH NOODLES
MEATBALLS IN SAUCE
LETTUCE
WATERMELON
BREAD LOAF
KCal. 503 H.C. 40 Lip. 28 P. 23

09 km.0

GREEN BEANS WITH POTATOES
WHOLE GRAIN MACARONI WITH TOMATO SAUCE
APPLE
BREAD LOAF
KCal. 598 H.C. 107 Lip. 14 P. 18

10 km.0

CARROT CREAM SOUP
HAMBURGUER 100% BEEF
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 567 H.C. 42 Lip. 30 P. 33

11

RICE SALAD
BATTER-COATED DAB FILLET
LETTUCE
PEAR
BREAD LOAF
KCal. 738 H.C. 79 Lip. 35 P. 30

12

NOT SCHOOL

13

NOT SCHOOL

16 km.0

PUMPKIN CREAM SOUP
MARINATED PORK LOIN WITH RATATOUILLE
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 445 H.C. 48 Lip. 17 P. 27

17

CHICKPEAS BY THEMSELVES
SPANISH POTATO OMELETTE
LETTUCE
ORANGE
BREAD LOAF
KCal. 719 H.C. 88 Lip. 31 P. 24

18

SWISS CHARD WITH POTATOES
CHICKEN FILLET IN SAUCE
APPLE
BREAD LOAF
KCal. 617 H.C. 63 Lip. 27 P. 33

19

RICE WITH TOMATO SOUCE
HAKE FILLET IN SAILOR SAUCE
LETTUCE
PEAR
BREAD LOAF
KCal. 809 H.C. 114 Lip. 32 P. 23

20

WHITE BEANS WITH PEPPER AND CARROT
SAN JACOBO
LETTUCE
MELON
BREAD LOAF
KCal. 719 H.C. 97 Lip. 25 P. 27

23 km.0

BORAGE WITH SAUTÉE
ELBOW PASTA WITH TOMATO
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 754 H.C. 105 Lip. 30 P. 21

24

FISH SOUP
RUSSIAN STEAK MUSHROOMS
APPLE
BREAD LOAF
KCal. 557 H.C. 49 Lip. 30 P. 26

25

PINTA BEANS
HAKE FILLET ORIO STYLE
TANGERINE
BREAD LOAF
KCal. 521 H.C. 63 Lip. 17 P. 31

26

VEGETABLE CREAM SOUP
PORK LOIN IN PLUM SAUCE
LETTUCE
PEAR
BREAD LOAF
KCal. 536 H.C. 55 Lip. 25 P. 24

27

CABBAGE WITH POTATOES
GARLIC FRIED CHICKEN
LETTUCE
BANANA
BREAD LOAF
KCal. 467 H.C. 54 Lip. 18 P. 25

30

BROCCOLI CREAM SOUP
COD CROQUETTES
LETTUCE
APPLE
BREAD LOAF
KCal. 658 H.C. 78 Lip. 33 P. 13

31 km.0

HOMEMADE GREEN BEANS
RICE WITH VEGETABLES AND CURCUMA
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 575 H.C. 99 Lip. 15 P. 17



All our dishes are prepared with olive oil

