

monday

tuesday

wednesday

thursday

friday



01
NOT SCHOOL

02
BORAGE WITH POTATOES
MEATBALLS WITH TOMATO SAUCE
PEAR
BREAD LOAF
KCal. 579 H.C. 58 Lip. 30 P. 22

03
POCHA WHITE BEANS
COD CROQUETTES
LETTUCE
BANANA
BREAD LOAF
KCal. 818 H.C. 103 Lip. 35 P. 25



ICONOGRAPHY



All our dishes are prepared with olive oil

06
 LENTILS WITH LEEK AND CARROT
ELBOW PASTA WITH TOMATO
TANGERINE
BREAD LOAF
KCal. 791 H.C. 126 Lip. 24 P. 26

07
 CARROT CREAM SOUP
SPANISH POTATO OMELETTE
LETTUCE
APPLE
BREAD LOAF
KCal. 578 H.C. 72 Lip. 27 P. 12

08
VEGETABLE STEW
SAN JACOBO
LETTUCE
BANANA
BREAD LOAF
KCal. 778 H.C. 83 Lip. 43 P. 16

09
 SWISS CHARD WITH POTATOES
RIVERSIDE STEW
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 749 H.C. 54 Lip. 37 P. 52

10
PINTA BEANS WITH VEGETABLES
BATTER-COATED HAKE FILLET
LETTUCE
PEAR
BREAD LOAF
KCal. 610 H.C. 73 Lip. 23 P. 32



13
 BROCCOLI CREAM SOUP
HAMBURGUER 100% BEEF WITH MUSHROOMS
APPLE
BREAD LOAF
KCal. 478 H.C. 52 Lip. 20 P. 24

14
 STEW SOUP
CHICKEN FILLET IN SAUCE
LETTUCE
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 593 H.C. 44 Lip. 29 P. 41

15
RICE WITH TOMATO SOUCE
CODFISH FILLET ORIO STYLE
LETTUCE
TANGERINE
BREAD LOAF
KCal. 814 H.C. 104 Lip. 35 P. 27

16
 POTATO SALAD
CHICKPEAS WITH ZUCCHINI
PEAR
BREAD LOAF
KCal. 649 H.C. 79 Lip. 27 P. 23

17
HOMEMADE GREEN BEANS
PORK LOIN WITH TOMATO SAUCE
BANANA
BREAD LOAF
KCal. 516 H.C. 61 Lip. 20 P. 27



20
 VEGETABLE CREAM SOUP
WHOLE GRAIN MACARONI WITH TOMATO SAUCE
ORANGE
BREAD LOAF
KCal. 592 H.C. 105 Lip. 14 P. 18

21
LENTILS GARDENER STYLE
SPANISH POTATO OMELETTE
LETTUCE
PEAR
BREAD LOAF
KCal. 654 H.C. 87 Lip. 25 P. 23

22
 RICE WITH ZUCCHINI AND RED PEPPER
HAKE FILLET IN GREEN SAUCE
LETTUCE
BANANA
BREAD LOAF
KCal. 674 H.C. 106 Lip. 20 P. 23

23
 BORAGE WITH SAUTÉE
HAMBURGER IN SAUCE
NATURAL YOGHURT WITHOUT SUGAR
BREAD LOAF
KCal. 589 H.C. 44 Lip. 34 P. 29

24
 WHITE BEANS BILBAINA STYLE
BREADED CHICKEN FILLET WITH GARLIC
LETTUCE
ECOLOGICAL APPLE
BREAD LOAF
KCal. 673 H.C. 75 Lip. 24 P. 44



27
 LEEK, POTATO AND CARROT PURÉE
RICE WITH GREEN BEANS, PEPPER AND MUSHROOMS
ORANGE
BREAD LOAF
KCal. 768 H.C. 127 Lip. 26 P. 15

28
CHICKPEAS WITH CARROT SAUTÉED
GARLIC
CODFISH FILLET ORIO STYLE
LETTUCE
APPLE
BREAD LOAF
KCal. 688 H.C. 69 Lip. 33 P. 33

29
NOT SCHOOL

30
HOMEMADE LENTIL SOUP
TUNA WITH TOMATO
TANGERINE
BREAD LOAF
KCal. 508 H.C. 60 Lip. 15 P. 37

