



monday

tuesday

wednesday

thursday

friday

01

not school

02

km.0

VEGETABLE CREAM SOUP  
HAMBURGER IN SAUCE  
LETTUCE  
NATURAL YOGHURT  
BREAD LOAF  
KCal. 602 H.C. 42 Lip. 36 P. 29

03

POCHA WHITE BEANS  
CHICKEN FILLET IN APPLE SAUCE  
PEAR  
BREAD LOAF  
KCal. 664 H.C. 83 Lip. 20 P. 43

04

RICE WITH GREEN BEANS, PEPPER AND MUSHROOMS  
COD IN GREEN SAUCE  
TANGERINE  
BREAD LOAF  
KCal. 807 H.C. 110 Lip. 29 P. 31

05

PORRUSALDA TERE  
PORK LOIN IN VEGETABLE SAUCE  
APPLE  
BREAD LOAF  
KCal. 606 H.C. 75 Lip. 22 P. 28

08

km.0

HOMEMADE LENTIL SOUP  
BATTER-COATED DAB FILLET  
LETTUCE  
YOGHURT  
BREAD LOAF  
KCal. 603 H.C. 61 Lip. 25 P. 37

09



ZUCCHINI CREAM SOUP  
RICE WITH CHICKEN AND VEGETABLES  
PEAR  
BREAD LOAF  
KCal. 862 H.C. 125 Lip. 36 P. 16

10

eko

CHICKEN SOUP WITH ECOLOGICAL NOODLES  
BREADED PORK LOIN WITH TOMATO SAUCE  
ORANGE  
BREAD LOAF  
KCal. 486 H.C. 54 Lip. 19 P. 29

11

STEAMED GREEN BEANS  
VEAL STEAK IN HUNTER SAUCE  
APPLE  
BREAD LOAF  
KCal. 511 H.C. 49 Lip. 24 P. 27

12

CHICKPEAS WITH PUMPKIN  
HAKE FILLET IN SAILOR SAUCE  
BANANA  
BREAD LOAF  
KCal. 532 H.C. 80 Lip. 12 P. 30

15

km.0

PEAS CREAM SOUP  
SPANISH POTATO OMELETTE  
LETTUCE AND OLIVES  
YOGHURT  
BREAD LOAF  
KCal. 631 H.C. 72 Lip. 29 P. 20

16

RICE WITH TOMATO SAUCE  
BATTER-COATED HAKE FILLET  
LETTUCE  
TANGERINE  
BREAD LOAF  
KCal. 874 H.C. 109 Lip. 40 P. 25

17

PANACHE OF VEGETABLES  
CHICKEN IN A MILD MUSTARD SAUCE  
APPLE  
BREAD LOAF  
KCal. 665 H.C. 55 Lip. 36 P. 44

18

PINTA BEANS WITH VEGETABLES  
FRESH PORK LOIN IN PIQUILLO-PEPPER SAUCE  
ORANGE  
BREAD LOAF  
KCal. 715 H.C. 81 Lip. 25 P. 47

19

ELBOW PASTA WITH TOMATO  
OVEN-BAKED CODFISH WITH VEGETABLES  
PEAR  
BREAD LOAF  
KCal. 715 H.C. 100 Lip. 23 P. 32

22



PUMPKIN CREAM SOUP  
MACARONI WITH TUNA AND BOILED EGG  
APPLE  
BREAD LOAF  
KCal. 669 H.C. 115 Lip. 18 P. 17

23

PARDINA LENTIL SOUP  
AJOARRIERO COD  
ORANGE  
BREAD LOAF  
KCal. 630 H.C. 79 Lip. 22 P. 34

24

FISH SOUP  
BREADED PORK LOIN  
PEPER  
APPLE  
BREAD LOAF  
KCal. 605 H.C. 52 Lip. 32 P. 30

25

km.0

GREEN BEANS WITH POTATOES  
CHICKEN IN PLUM SAUCE  
YOGHURT  
BREAD LOAF  
KCal. 443 H.C. 49 Lip. 15 P. 29

26

WHITE BEANS WITH PEPPER AND CARROT  
RICE SAUSAGE WITH TOMATO  
BANANA  
BREAD LOAF  
KCal. 725 H.C. 92 Lip. 31 P. 25

29

not school

30

MACARONI WITH RATATOUILLE  
ROAST CHICKEN LEG  
LETTUCE  
APPLE  
BREAD LOAF  
KCal. 680 H.C. 96 Lip. 22 P. 30

27

