



monday

tuesday

wednesday

thursday

friday

01

not school

02

MACARONI WITH RATATOUILLE
HAKE WITH HAM AND CHEESE
LEMON
ORANGE
BREAD LOAF
KCal. 791 H.C. 117 Lip. 29 P. 23

03

ROUND GREEN BEANS
CHICKEN FILLET IN SAUCE
BANANA
BREAD LOAF
KCal. 567 H.C. 65 Lip. 21 P. 34

04

RICE WITH GREEN BEANS, PEPPER AND MUSHROOMS
HAKE FILLET IN SPINACH AND CORIANDER SAUCE
PEAR
BREAD LOAF
KCal. 751 H.C. 115 Lip. 25 P. 23



07



PUMPKIN CREAM SOUP
RICE WITH CHICKEN AND VEGETABLES
ORANGE
BREAD LOAF
KCal. 867 H.C. 124 Lip. 37 P. 17

08

WHITE BEANS WITH PEPPER AND CARROT
SPANISH POTATO OMELETTE
LETTUCE
TANGERINE
BREAD LOAF
KCal. 659 H.C. 86 Lip. 25 P. 24

09

ELBOW PASTA WITH TOMATO
OVEN-BAKED HAKE FILLET WITH VEGETABLES
APPLE
BREAD LOAF
KCal. 694 H.C. 100 Lip. 24 P. 25

10

km.0

VEGETABLE STEW
FRESH PORK LOIN IN PIQUILLO-PEPPER SAUCE
NATURAL YOGHURT
BREAD LOAF
KCal. 750 H.C. 50 Lip. 44 P. 40

11

CHICKPEAS BY THEMSELVES
COD CROQUETTES
LETTUCE AND CORN
PEAR
BREAD LOAF
KCal. 757 H.C. 106 Lip. 29 P. 25



14



LENTILS GARDENER STYLE
AJOARRIERO COD
APPLE
BREAD LOAF
KCal. 583 H.C. 80 Lip. 17 P. 33

15

GREEN BEANS WITH POTATOES
CHICKEN IN A MILD MUSTARD SAUCE
TANGERINE
BREAD LOAF
KCal. 585 H.C. 47 Lip. 30 P. 35

16



WHOLE GRAIN MACARONI WITH TOMATO SAUCE
MEATBALLS IN SAUCE
ORANGE
BREAD LOAF
KCal. 785 H.C. 96 Lip. 34 P. 31

17

km.0

LEEK,POTATO AND CARROT PURÉE
ESCALOPE WITH RED PEPPERS
NATURAL YOGHURT
BREAD LOAF
KCal. 582 H.C. 56 Lip. 27 P. 32

18

RICE WITH VEGETABLES AND CURCUMA
HAKE FILLET ORIO STYLE
PEAR
BREAD LOAF
KCal. 609 H.C. 94 Lip. 19 P. 21



21



ELBOW PASTA WITH TOMATO
RUSSIAN STEAK WITH VEGETABLE SAUCE
TANGERINE
BREAD LOAF
KCal. 859 H.C. 100 Lip. 40 P. 31

22

km.0

PORRUSALDA TERE
BREADED PORK LOIN
NATURAL YOGHURT
BREAD LOAF
KCal. 583 H.C. 67 Lip. 21 P. 34

23



CAULIFLOWER CREAM SOUP
LENTILS WITH LEEK AND CARROT
BANANA
BREAD LOAF
KCal. 487 H.C. 84 Lip. 10 P. 20

24



CUBAN RICE
BATTER-COATED CODFISH FILLET
LEMON
TANGERINE
BREAD LOAF
KCal. 806 H.C. 106 Lip. 30 P. 35

25

BEANS WITH PEPPER AND CARROT
EGGS WITH TOMATO
LETTUCE
PEAR
BREAD LOAF
KCal. 796 H.C. 110 Lip. 25 P. 42

28



LEEK,POTATO AND CARROT PURÉE
SAN JACOBO
LETTUCE
APPLE
BREAD LOAF
KCal. 629 H.C. 85 Lip. 27 P. 14

29

CHICKPEAS WITH CARROT SAUTÉED
GARLIC
RIVERSIDE STEW WITH POTATOES
ORANGE
BREAD LOAF
KCal. 831 H.C. 81 Lip. 37 P. 48

30

MACARONI WITH TOMATO
OVEN-BAKED CODFISH WITH VEGETABLES
PEAR
BREAD LOAF
KCal. 682 H.C. 95 Lip. 22 P. 32

31

km.0

ROUND GREEN BEANS
COUNTRY CHICKEN
LETTUCE
NATURAL YOGHURT
BREAD LOAF
KCal. 555 H.C. 40 Lip. 29 P. 36

27

