

monday

tuesday

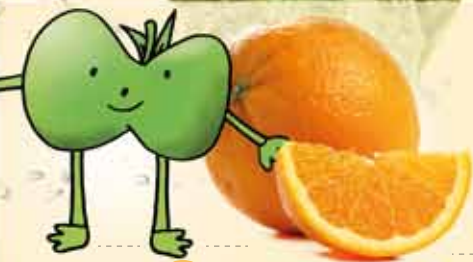
wednesday

thursday

friday

23

**01**  
MACARONI WITH TOMATO  
OVEN-BAKED CODFISH WITH  
VEGETABLES  
PEAR  
BREAD LOAF  
KCal. 682 H.C. 95 Lip. 22 P. 32



**04**   
LENTILS WITH LEEK AND CARROT  
HAKE WITH HAM AND CHEESE  
BATAVIA LETTUCE  
YOGHURT  
BREAD LOAF  
KCal. 750 H.C. 86 Lip. 33 P. 30

**05**  
BORAGE WITH POTATOES  
FRESH PORK LOIN IN PIQUILLO-PEPPER  
SAUCE  
BANANA  
BREAD LOAF  
KCal. 689 H.C. 67 Lip. 32 P. 37

**06**  
RICE WITH TOMATO SOUCE  
ROAST CHICKEN LEG WITH HERBS  
LETTUCE  
PEAR  
BREAD LOAF  
KCal. 813 H.C. 110 Lip. 32 P. 28

**07**  
CHICKPEAS WITH CARROT SAUTÉED GARLIC  
AJOARRIERO COD  
LETTUCE  
APPLE  
BREAD LOAF  
KCal. 808 H.C. 86 Lip. 39 P. 34

**08**   
PUMPKIN CREAM SOUP  
MACARONI WITH TUNA AND BOILED  
EGG  
ORANGE  
BREAD LOAF  
KCal. 661 H.C. 111 Lip. 19 P. 18

**11**  
**not school**

**12**  
**not school**

**13**   
SPINACH CREAM SOUP WITH SHREDDED CHEESE  
RUSSIAN STEAK MUSHROOMS  
LETTUCE AND CARROT  
NATURAL YOGHURT  
BREAD LOAF  
KCal. 660 H.C. 44 Lip. 41 P. 31

**14**  
WHITE BEANS WITH PEPPER AND CARROT  
CHICKEN IN PLUM SAUCE  
LETTUCE  
TANGERINE  
BREAD LOAF  
KCal. 565 H.C. 68 Lip. 18 P. 36

**15**  
SPIRAL PASTA WITH TOMATO  
BATTER-COATED DAB FILLET  
LEMON  
APPLE  
BREAD LOAF  
KCal. 715 H.C. 101 Lip. 23 P. 32

**18**   
HOMEMADE GREEN BEANS  
MARINATED PORK LOIN WITH  
RATATOUILLE  
APPLE  
BREAD LOAF  
KCal. 398 H.C. 53 Lip. 11 P. 24

**19**  
ELBOW PASTA WITH TOMATO  
HAKE FILLET IN GREEN SAUCE  
BANANA  
BREAD LOAF  
KCal. 714 H.C. 110 Lip. 21 P. 26

**20**  
LENTILS GARDENER STYLE  
SPANISH POTATO OMELETTE  
LETTUCE AND OLIVES  
PEAR  
BREAD LOAF  
KCal. 663 H.C. 87 Lip. 26 P. 23

**21**   
ZUCCHINI AND LEEK CREAM SOUP  
CHICKEN LEG CHILINDRON STYLE  
LETTUCE AND CORN  
YOGHURT  
BREAD LOAF  
KCal. 555 H.C. 61 Lip. 23 P. 29

**22**  
PINTA BEANS WITH RICE  
BATTER-COATED CODFISH FILLET  
LETTUCE  
TANGERINE  
BREAD LOAF  
KCal. 594 H.C. 67 Lip. 21 P. 38

**25**  
POTATOES RIOJA STYLE  
OVEN-BAKED HAKE FILLET WITH VEGETABLES  
LETTUCE  
ORANGE  
BREAD LOAF  
KCal. 578 H.C. 65 Lip. 26 P. 24

**26**   
VEGETABLE PURÉE  
RICE WITH CHICKEN AND VEGETABLES  
YOGHURT  
BREAD LOAF  
KCal. 909 H.C. 128 Lip. 38 P. 21

**27**  
CHICKPEAS BY THEMSELVES  
BREADED PORK LOIN WITH TOMATO  
SAUCE  
APPLE  
BREAD LOAF  
KCal. 693 H.C. 83 Lip. 26 P. 37

**28**  
SWISS CHARD WITH SAUTEE  
MEATBALLS IN SAUCE  
LETTUCE  
BANANA  
BREAD LOAF  
KCal. 692 H.C. 60 Lip. 41 P. 25

**29**  
MACARONI WITH TOMATO  
BATTER-COATED DAB FILLET  
LETTUCE CENTERPIECE  
PEAR  
BREAD LOAF  
KCal. 823 H.C. 100 Lip. 36 P. 33